The Lemon Grove REVIEW

IN THIS ISSUE

Friends of the Lemon Grove Library News

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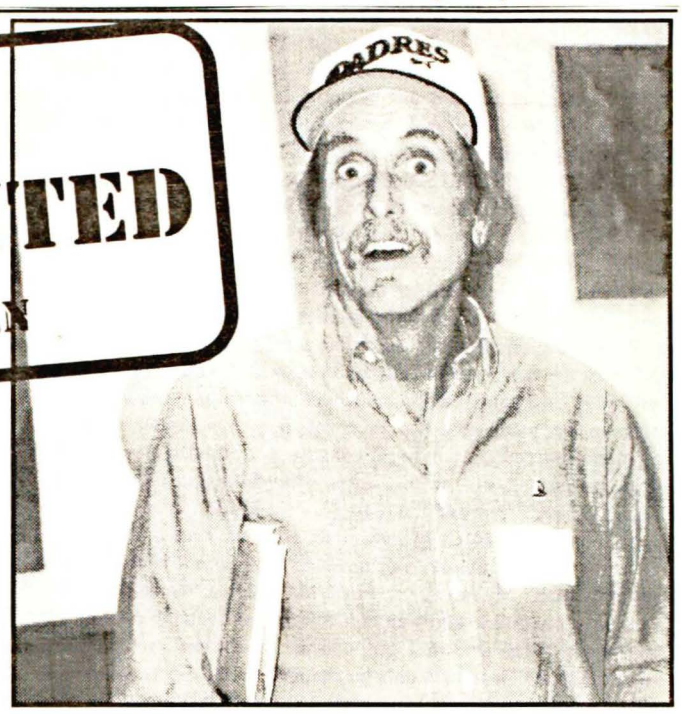
THE DISENCHANTED

BY CHERYL COHEN



Jay Cochrane is amazed at how much power ramrod lobbyists seem to have a City Hall

This is the third in a series of stories about some citizens of Lemon Grove who have their own ideas about how their city should be managed, operated and planned. However, they feel their voices have been relatively unheard or ignored by city hall, and usually find themselves at odds with the decisions made by city government and staff. As the civic meetings in Lemon Grove usually attract only the same few people, or those that have an immediate situation to bring forward, it's difficult to ascertain who else might be out there with like opinions. In an effort to find out whether the "disenchanted" are a silent majority, or loud minority, we present their voices here and encourage responses by our readers.

Jay Cochrane talks a lot about why he doesn't like the way the city of Lemon Grove is managed. And talks and talks and talks. Listening to his brand of city-wide criticism can be a real time investment. Although he's admittedly long-winded, his delivery is articulate, albeit accusatory.

Even so, don't count him as a citizen without hope. The history of Cochrane's disenchantment is long, peppered with events such as overzealous sheriffs blocking his entrance to a city council meeting, and zealous in-your-face resistance to almost every move by the city's Planning Department.

He's lived here since July 1985, and although he's threatened to move over issues such as increased traffic on his street, he has no plans to move now. He loves his city, and wants to foster it through its growing pains.

Cochrane tried to block, without success, the construction of an apartment complex next door to his home on Central Avenue. The large, pink building looms over his spacious back yard and, along with other buildings that have sprung up over the years, obliterates the view he once had of Mount San Miguel. The apartment dwellers look down on Cochrane's yard-and bedroom windows, which has ruined his privacy.

Although he raised support in 1995 for a two-year moratorium on building permits for construction of multi-family dwellings on properties of less than one acre, it ran its course in January. Cochrane thinks there should be some avenue the city can take in the future to prevent this kind of construction in the midst of single-family residential areas, and against people stealing others' scenic views.

He doesn't just sit back and complain about his city. Cochrane has always taken action, whether as an original member of the Site Use Committee (for the future usage of property now occupied by the old Atherton Parsonage at Main and Olive streets), or as a citizen always ready to speak during the public comments portion of city meetings.

Speaking attempts at the council meeting podium have often foiled themselves, because of his bulldozing argumentative style, often reverting back to his own historical and military-related tangents, no matter what the subject matter was originally. He is very sensitive to those that oppose his views, and explains his feelings about it in martial terms, with meanings that seem camouflaged at best.

"It's more military than anything else," he says. "I'm going to break the back of the ambush if I can, and then we're going to take fire superiority and we'll win it. That's what I'm made of. That's the real me; the real Sarge. I'm obsessed to keep these feelings under wraps, though, because it doesn't work in civilian life. Whenever I see this, I look to see who's got motive, means, and opportunity. Then, I ask, what's the alibi?"

By the time he's done answering, the question is often lost altogether. It is this style of conversation that may worry or even scare some of his detractors.

Lately, he's trying harder to focus.

"I'm opinionated, outspoken and make no apologies for my military bearing," he says. "But, I don't lie. I have no motives other than to look out for my friends and neighbors."

Championing the causes of others in the community is something that Cochrane has always done. Teresa Wells, director of the former Lemon Grove Arts Complex, had trouble getting funding for her nonprofit business; Cochrane was there to defend her cause. Dick Hennis, a senior in the community who has had trouble with bus stop access, has found a friend and cohort in Cochrane. Jack Moore, a long-time Lemon Grove activist and fellow chamber of commerce member, has Cochrane's support for his petition to re-direct city spending.

Mayor Mary Sessom also enjoyed strong support from him when she ran for office against Councilman Craig Lake.

One of Cochrane's biggest complaints is the amount of inflexibility he and others have experienced with the city's Planning Department. He claims Planning Director Jim Butler and his assistant, Bob Larkins, are "hamstringing local business and residents by showing a single-minded attitude in favor of developers 100 percent of the time".

Cochrane says they don't even make mistakes in favor of the public, and it's not unusual to hear him heckle "The Butler did it!" whenever an issue is raised at a public meeting with regard to zoning or building permits.

Cochrane believes that city employees should be required to live within the city. Because many of them don't, he says they don't have any loyalty or vested stake in Lemon Grove; and that the good salaries they make here are all spent out of town.

He's not happy with the way Lemon Grove City Hall closes every other Friday, in conjunction with the fact that most city employees are salaried. He does not, however, mention in his complaints, that this time off was given in lieu of a raise to these same employees some time ago.

His alliances change, as the subjects of them do. During the mayoral election, he was highly critical of Lake. Now, he supports him for resisting the "wink and nod politics that are back in vogue with staff and the other four councilmembers."

Since the election, he's loudly voiced disappointment with the way Mayor Sessom has voted on most issues, aligning herself with those that Cochrane considers "ramrod lobbyists".

These days, Cochrane uses a lot of his energy to urge people to get involved in the processes of local government. He's concerned about the exodus of local businesses and joined the chamber of commerce as an associate member. The new chamber of commerce is more business-proactive since the election of new officers, and he's been recently appointed as their Ambassador to Business.

He's actively pursuing businesses from other areas to relocate in Lemon Grove. He's not finding it an easy thing to do, however, largely due to trends much larger than his own city.

"If you want quality, you've got to work with the businesses we've got now, to make it more attractive for others to want to come in," he said at a recent "Broker's Forum" hosted by the chamber. "We seem to develop themes too fast, such as too many video stores, or too many of any one thing."

He maintains that in order to attract big, quality restaurants, Lemon Grove has to "redirect traffic." He means, both figuratively and literally, the 18-wheelers barreling down streets which would be perfect for the types of outdoor dining establishments the city craves.

Cochrane is anxious for others to see his vision for the city, but it's not without frustration and a lot of health problems that he gets his points across.

"When I go to council meetings, I sometimes get so upset, that I have headaches and am sick for a week afterwards," he says. Cochrane is susceptible to migraine headaches, and is now making a conscious effort to relax more, even if it means not attending them all.

He says that when citizens are crowded out by developers building as many apartments as they can in single-family residential areas (no matter what it does to the quality of life), they can't help but become disenchanted.

"I can't let our city go down the tubes without doing anything," he says. "I'm just trying to make one, decent contribution to the city, and when I do that, I'll go away."

Youth ballet drafts Wells to direct

The Board of Directors of the San Diego Civic Youth Ballet has named Teresa Wells of Lemon Grove as their new artistic director.

Among her many credits, Wells was the founder and director of the former Lemon Grove Arts Complex, and a former Board of Director member with San Diego Area Dance Alliance.

Her first task as director is overseeing the nearly 200 students of the San Diego Civic Youth Ballet's May production of "The Twelve Dancing Princesses." This will be a celebratory performance for the ballet, marking its 50th Year of performing in Balboa Park.

Wells plans to develop a junior company and a pre-professional performance group within the ranks of the upper level students. Each group would target performing outlets at schools and community events within San Diego.

Already slated are performances in the "Twilight in the Park" summer series at the Organ Pavilion in Balboa Park, an evening dance performance at the Del Mar Fair, and a performance at the "Fall Festival" in downtown San Diego. Also slated for the SDCYB to enhance its teaching program are guests artists, master teachers and choreographers, among them Xavier Hicks of San Diego Ballet.

M is for Mayor

Personal comments of Mayor Mary Sessom

Only city council changes priorities

Everyone has an opinion on the quality of the job city government is doing. Usually, that opinion is negative and sometimes sidetracks us from focusing on the primary responsibility of city government. That responsibility is to provide services to the majority of the citizens in an effective and efficient manner. Everything we do is an extension of that responsibility.

City government spends a lot of time identifying the needs of its citizens and planning on how to meet those needs. One example is the repair of our streets. In order to do that properly, the city must create a list of those streets in need of repair, identify the available sources of funding and then prioritize the work list. We have a new capital improvement plan that is doing just that. Another example is our performance based budget that identifies the work that should be done by each department at city hall and then prioritizes the tasks.

You may have noticed that something both the capital improvement plan and the budget have in common is the word "prioritize." It is the responsibility of the city council to prioritize projects. Listing them in order of importance enables city staff to carry out the directions of the city council. This hopefully results in services being delivered to citizens in an effective and efficient manner.

Recently a city councilman complained that his ability to answer inquires from citizens was being impaired because of a "one hour or less limit" on staff time. This raises an interesting question. What happens when the request of an individual council-member causes the priority of tasks to change? This can happen if the request requires staff to devote an inordinate time to finding the answer. A simple request for information directly involving a constituent should not significantly impact staff's time. That is reasonable. But what if the request involves six hours of staff time and the reason for the request is not stated. Can a council-member order city staff to set aside or delay a task assigned to it by the council? Should staff have the discretion to make that decision on its own? My answer is a firm *no*! This city council has never given its permission to allow anyone to manipulate the directions it has given to staff. The priorities given to the things that affect the most people in Lemon Grove can only be changed by the city council.

The power of an individual council-member in relation to the priorities set by the city council is a prickly issue. There is no one good answer. Citizens are our bosses and their needs are our highest priority. Clearly this is an issue that must be discussed. During this discussion, the council must always focus on its primary responsibility - to deliver services to the citizens effectively and efficiently. Please share your thoughts on this with any of your council-members. We can be contacted at city hall (464-6934).

Lemon Grove Fire Log

April 4, 1997 through April 17, 1997 (Cont.)

8100 blk. Broadway. Medical aid.
Kempf St./Darryl St. Auto vs. pedestrian.
7000 blk. Broadway. Alarms ringing-commercial.
7400 blk. Tracy St. Bleeding.
2900 blk. Massachusetts Ave. Traffic accident.
2600 blk. Lemon Grove Ave. Person down.
1500 blk. Skyline Dr. Traffic accident.
2200 blk. Berry St. Bon fire.
Hwy 94 EB/College Ave. Vehicle fire/freeway.
2000 blk. Berry St. Difficulty breathing.
7800 blk. Broadway. Threatening suicide.
6900 blk. Central Ave. Difficulty breathing.
Broadway/Buena Vista Ave. Vehicle accident.
7600 blk. Broadway. Unconscious.
3400 blk. Harris St. Commercial/industrial fire.

Sheriff's Log

April 12, 1997

7800 blk. Broadway. Strong arm robbery. Value unknown.

April 14, 1997

7000 blk. Broadway. Grand theft. $2,000 value.
3200 blk. Lemon Grove Ave. Commercial burglary. $7.98 value.

April 16, 1997

9400 blk. Palm St. Petty theft. $125 value.

April 16-17, 1997

1500 blk. La Corta. Vehicle burglary. $85 value.

April 17, 1997

6900 blk. Federal Blvd. Auto theft. $9,000 value.

April 18, 1997

3400 blk. Main St. Strong arm robbery. $200 value.

April 19, 1997

2300 blk. Massachusetts Ave. Auto theft. $8,600 value.

WEDDING CAKES - WHIPPED CREAM CAKES
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LEMON GROVE
PHONE 466-3277

WEATHER

The following information was provided by the National Weather Service.

		High	Low
April	23	75	56
April	24	73	53
April	25	82	50
April	26	86	55
April	27	80	53
April	28	68	52
April	29	68	57

The Lemon Grove Review

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PUBLIC NOTICE

SUMMARY OF AN ORDINANCE AMENDING SECTIONS 17.16.030, 17.16.040 and 17.16.050 OF THE ZONING ORDINANCE

ORDINANCE NO. 266

On April 22, 1997, the City Council of the City of Lemon Grove, California, adopted Ordinance No. 266. Ordinance No. 266 makes the approval of construction of any apartment building (multi-family dwelling) an action requiring the approval of a conditional use permit and requiring compliance with the various appropriate design-related implementation programs set forth in the General Plan Implementation Manual.

Voting for: Sessom, Clabby, Jandura, Lake, Shelley
Voting Against: None

The full text of said Ordinance is on file in the Office of the City Clerk at 3232 Main Street, Lemon Grove, California 91945.

CHRISTINE TAUB
FINANCE DIRECTOR/CITY CLERK

Lemon Grove Review
May 1, 1997

Lemon Twist

by Cheryl Cohen

Hey, you! Why don't you clean up your act?! While you're at it, clean up your property, too, and haul all those valuable items you've been hoarding (such as trash, lawn prunings, old rusted-out water heaters you've been wishing someone'd steal, that couch you've been saving for a future home-psychotherapy biz, your front-porch washing machine, etc.) down to Main Street, adjacent to city hall (notice, I didn't say *at* city hall) on Saturday for **Lemon Grove Clean-up Day**! The entrance is at the corner of Main and Mt. Vernon *only*, and is open from 7 a.m. to 2 p.m. Proof of residence or business ownership required (so I guess that excludes most of city staff, but maybe not **Nadia Davies** from the Grossmont High School District), and the cost runs from $2/carful to $10/pickups with trailers. *No hazardous materials accepted.* You can also pick up some free compost while you're there. The city's making a truckload of it available to you earlybirds who come with shovels to self-load it for the trip home. But I'll bet if you miss this haul, you can get something very similar to it during the upcoming election campaigns at the end of the year (that'll probably require a shovel *and* boots, though). Meanwhile, special arrangements can be made for seniors and disabled persons to have their cast-off items picked up, and they can call 464-6934 for assistance. This event is sponsored by the **city of Lemon Grove** and **EDCO**. May I suggest to the exceedingly charming **John Wood** that he take advantage of this event by getting rid of his excess signs and other yard-clogging council meeting props? (but, please - not before 7am, of course.)

They're gonna have live entertainment at **Old Time Days**! (I hate to think of the alternative)

Craig Lake wants to put the rotation of mayor pro-tem on the agenda, as per a resolution passed last April. Frankly, I can't see why they have to go through all this rigamarole just to get **Tom Clabby** to turn around.

St. John of the Cross presents "Anything Goes" May 2-11. Call 466-3209 for details, but if you want to be free to do "anything" for the rest of the year, you may have to convert. Just ask **Dr. Bob Burns**; he and his lovely wife are in the performance!

The **Lemon Grove Project**, who usually has their interagency advisory committee meetings at the ungodly hour of 7:30 a.m. (pretty late for us nite-owls), is hosting "Community Economic Development Training" at the **Lemon Grove Community Center** on Saturday (mercifully) from 10 a.m. - 4 p.m. (with catered lunch). Learn about economic concepts and help to determine the criteria to decide what you would like to see developed in Lemon Grove. No nasty comments about my photos, please. To RSVP or for additional information, please call 465-5864.

What's the matter, Bunky? Not feeling prosperous when everywhere around the area, there are going to be seminars and bus-rides telling you that you should? Well, if your wallet's empty, your mortgage payment late, and your little sister's up for sale at the swap meet, it must just all be a simple mistake. After all, today is the first day of the **ECEDC's Prosperity Month**, which will include seminars on topics from SPAWARS to Guerrilla Marketing, and culminates on the 31st with a **State of the East County Celebration** at the El Cajon Community Center. C'Mon! Don't be a spoil sport. Share your feelings of prosperity with others! Call Sue Hunter at 462-3312 for info. And, if that doesn't get it for you, share them with me. I'm listening...

The new executive director for **Lemon Grove's Chamber of Commerce** has gone to none other than that shy, retiring, woman of a thousand nicknames, **Mary "Boom-Boom" England**, who formerly filled the shoes of the vice-presidency position for the chamber. As those shoes were absolutely *killing* her, she couldn't hold that position for long, and opted for the new one (which reportedly comes with gold lamé slippers). Congratulations, Mary. As I always say, "if the benefits fit, wear 'em!" The chamber ambassadorship has gone to **Jay Cochrane**, but nothing has yet been reported about his pediatric bonuses.

If you've got a bone to pick, or some wonderful news to share, let us know at *The Review*, or send it directly to me at 264-3153 (msg), 264-4180 (fax), or cirious@cts.com (internet). We'll try it on for size, and if it doesn't fit, it's no problem for me to stretch it a little.

Got computer problems?
Check out the Business & Services Directory . See Page 7

Dr. Shawn Stoddard
Treats neck and back pain
Hundreds helped in Lemon Grove
Call 466-0806
Complimentary Consultation
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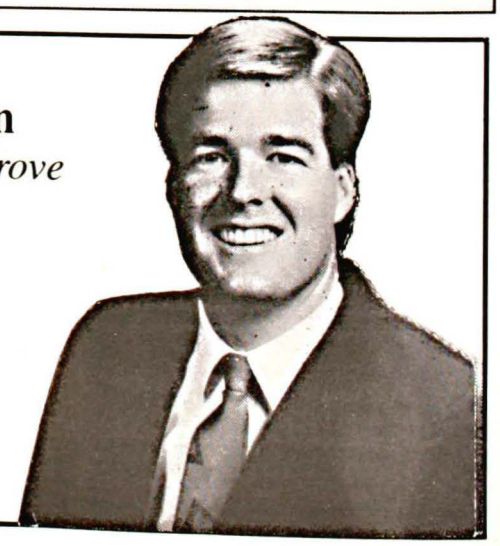
7366 Broadway
(2 Blks east of Massachusetts)



Friends of the Lemon Grove Library Newsletter

At the April meeting

Librarian Sonya Heiserman set a festive table and was hostess in providing a continental breakfast for the Friends, thanking us for time, work, funds we have provided to the library. The Friends, in turn, thank the rest of our community for *their* continuing support through book donations and purchases. We all need each other.

Oscar Cruz, skilled at providing material solutions for nagging problems, put up a set of hooks for the library this month. Tidy and contained, the children's books now rest on a shelf; their accompanying audio tapes hang below.

Sonya requested that the Friends provide funds for purchase of more large-print books ($250) and some new "country" books ($250). A few of our books on other countries go back to 1970's; she would like to update. With some discussion of replenishing treasury at the next book sale, the request was approved.

Dona Clabby provided new membership lists and reported on number of membership renewals received.

The library needs one or two people to take responsibility for Home Borrower deliveries, taking books to those confined at home, then picking up the books and providing others a few weeks later. Library staff selects the books, based on the borrower's requests and interests.

Lemon Grove Library will be closed Saturday, May 24, making it a 3-day weekend for Memorial Day.

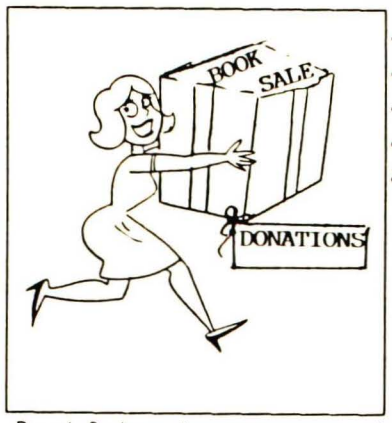
Theme of the Summer Reading program will be "Library Detectives, Inc." The mascot is an alligator. He is assisted by a little gecko who is, of course, a gator-aide.

The summer program will start when school is out, about the third week of June, and continue until the end of July. Children will use their own alligator-decorated folders to keep track of books read.

Each child who completes a minimum of ten books during the program will receive a certificate and be a part of the program's culminating party. So many participants are expected that a section of the parking lot will be cordoned off to provide space and what Vickie Mulrean, branch manager, refers to as a street fair atmosphere. Friends of the Library are asked to volunteer their help in distributing awards, serving snacks, and in providing support for the staff.

A new *Totally Teen Reading Club* will be introduced. For readers who are not children anymore, the Young Adult collection of books is displayed on a free-standing rack near the reference librarian. Only readers of Young Adult books are in this group.

Members discussed the logistics of moving tables, chairs, signs, boxes and boxes of books, and ourselves to our sale site at Old Time Days, May 9/10. A sign-up sheet was circulated for an outline of who will be where and when. We await return of Rosemary Putnam, Book Sale Czarina, to organize, supervise, and bring the sale into shape.

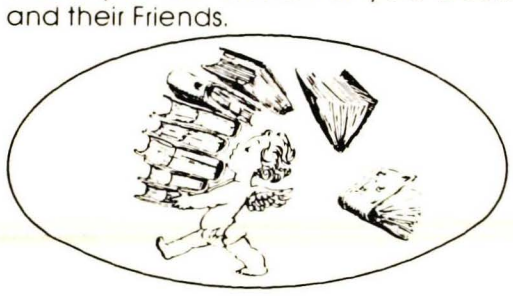


DONATE YOUR USED BOOKS ..PLEASE

We are getting ready for the big one, the Old Time Days Book Sale, where we see old friends, sell lots of books, and, we hope, bring back lots of money-- enough to pay for the children's summer reading program as well as ongoing needs at the library.

We count on donations of used books to make our sales a success. The books that are donated take on new life as they are read and loved again; often they come back to us later to be recycled into new families

Books like to be read. We hope you will be kind to your books and magazines by donating them to the book sale, where Friends will then route them to new homes and new readers. Thank you on behalf of your books and their Friends.



QUICK REVIEWS OF RECENT BOOKS

(Reviewers are Annette Quintana and RuthAlice)

Out of Sight by Elmore Leonard

Can you take a dare? Read one chapter of this book (or any book by Leonard) and you'll get hooked on one of the very best writers going. He puts readers right in the picture with most unlikely characters who (seemingly, without any effort by the writer) dig inside and stay with you. Here you get to know a legendary bank-robber and a beautiful but tough U.S. Deputy Marshal. The story is so good it takes re-reading to appreciate Leonard's multiple skills.

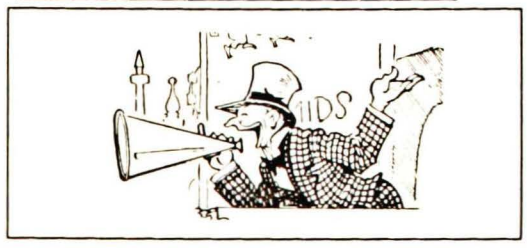
A Q

Crazy in Alabama by Mark Childress

This book has two stories, both start and end in a small southern town when civil rights activists work to integrate the local swimming pool. Young Peejoe reminds me of Huck Finn in his struggle to decide between what he believes is right and what his peers and the community tell him is right.

At the same time, his aunt takes off on wild adventures of her own, accompanied by a Tupperware lettuce keeper which will redefine your understanding of the "freshness seal". Whether you find the main story to be Lucille and her lettuce keeper or Peejoe and the swimming pool, it is a hilarious story with serious themes. Published in 1993, recommended in Book Nook. **RA (Book Nook)**

OLD TIME DAYS - BOOK SALE



FRIDAY & SATURDAY - MAY 9/10

Friends of the Lemon Grove Library will be in their usual book sale location during Old Time Days: the fenced lawn area outside the community room entrance of Lemon Grove Middle School.

Book prices range from 10c for romances, 25c for paperbacks, 50c for hardbound books, to a very few on the "special table", priced from $1 to $10.

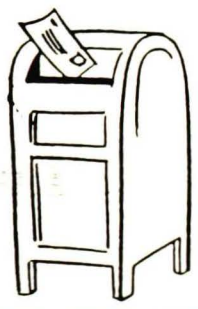
Sorters continue to find treasures among the donated books. "Eileen Monaghan Whitaker Paints San Diego" with text by Don Dedera cost $59.50 when it was published in 1986. The paintings and sketches of scenes throughout San Diego County are exceptional. That will be on special table. So will a Rand McNally Picture Atlas of the World, in pristine condition, which originally sold for $19.95.

There are cookbooks that appear to be brand-new: A set of "Food Writers' Favorites"("Appetizers", "Pasta and Noodles", "Entrees"), and a copy of "Selections from Betty Crocker's Cookbook", also "The Calculating Cook" (for diabetics & dieters) and a paperback "Joy of Cooking", which has many recipes but very small print.

Bernard Cornwall's "Wildtrack", Maeve Binchy's "The Glass Lake" are among the paperbacks, as are many other fine novels.

All these books will be presented for sale at our opening time of 2:00 p.m. on Friday, May 9. We will remain open until dusk on Friday.

On Saturday, May 10, sales will start at 8:00 a.m. and last until late afternoon.



HAVE YOU SENT IN YOUR MEMBERSHIP?

Friends of the Lemon Grove Library

Next Meeting: Thursday, May 22, 9:00 a.m. Community Room

The Friends of the Lemon Grove Library Newsletter is edited by Mary Vinson

GRINGA DOES SALSA

BY CYNTHIA O'NEILL

Even though influenza invaded the county like an Imperial warship, I was passed over by the Darth Vader of mucous. The force has been with me since I started dabbling in the fine gourmet of salsa 15 years ago. Nothing in the world kills a cold like salsa.

I consider myself the numero uno *gringa* of salsa-eaters, inhaling the stuff on a daily basis. But to test my belief in the health benefits of salsa, I turned to the experts.

Turns out that salsa is loaded with cold-lambasters. Dr. Mary Hubbard, who teaches nutrition at Grossmont College, says salsa is one of the few foods one can eat to the heart's — and nose's — content. The tomatoes and chili peppers in salsa adds up to a lot of Vitamin C, boosting the immune system and lubricating the mucous membranes.

Eaten with other foods, Vitamin C helps to absorb iron. Iron deficiencies are common in people, with fatigue as one of the primary symptoms.

"You eat a lot of salsa, you'll feel perkier," Hubbard says.

A heaping helping of salsa can also help to heal the infections. Ascorbic acid, found in great amounts in red, green and yellow peppers, are excellent Vitamin C sources. You just can't go wrong with eating salsa.

Hubbard says that anti-oxidants, which help rid the body of free radicals, also bless the body of the salsa-eater. Free radicals work on the molecular level. Hubbard explains that they are the 'free' or non-paired electrons revolving around the atom. The unattached electrons snatch up others, causing havoc, manifesting themselves through aging and some kinds of cancers.

The onions and garlic in salsa also work wonders.

"Garlic is well known to help cholesterol, and both onion and garlic are blood cleansers," Hubbard says. Thus, the body's immune system works more efficiently.

But why do the eyes glaze over from sheer joy of eating a pickled pepper?

"The same stuff that's in pepper spray is in the chiles you eat," says Hubbard. It's capsicum, blowing away any cold-starters in the nose.

Hector Pinones is another expert. He owns one of my favorite Mexican eateries — with no less than five salsas from which to choose — Tacos Mi Pueblo in Santee's Town Center.

Pinones says my intuition about salsa's goodness is not unfounded. He has relatives who eat a lot of salsa, and who are rarely ill.

"I've had a lot of people who come in here say that when they have a cold," he says. "They have to have salsa."

Pinones makes 10 gallons of salsa a day — that's a lot of chopping. His *salsa verde* (green salsa) has tomatillos, a type of small, green tomatoes. They grow wild in the mountains in Mexico; they're known as "mountain tomatoes."

Then Pinones cuts up serrano chiles, lending the salsa its *pico*, or bite. *Pico de gallo* salsa, which literally translates to "rooster's beak or bite," is made with a generous toss of tomatoes, onions, cilantro, some garlic and the invincible serranos.

The medium-hot salsa is made with tomatillos and dry, roasted chile pods, which lend it a luscious reddish-brown color, perfect for chicken burritos.

In his delectable red creation called Salsa Fuego, Pinones uses dry Japanese chili pods. The "low tones" of the salsa's fire match well with carne asada.

For those in search of fire with an alarm, it's jabanero chiles. They look like tiny, yellow bell peppers, only they have a red blush. While Pinones does enjoy the hot stuff, he doesn't want to miss the true flavor of the food he's eating.

"Unlike an employee I have," he says with a laugh. "I buy the jabaneros just for him. He eats them, his lips and tongue are burning, and he says, 'oh, that was so good!'"

When he notices some of his customers have a bit too much fire in their mouth, he ironically recommends they drink hot coffee. People think water will cool them down, but Pinones says it won't.

"What's in the peppers are chemicals and only something like coffee or tea helps tame the heat," he says.

Gringos eat a lot of salsa, especially with their bean burritos. Pinones notes that 90 percent of the time, gringos order bean burritos.

"The reason? Because while they grew up eating meat and potatoes," he says, "We growing up in Mexico ate beans at every meal, breakfast, lunch and dinner."

Count me in.

Chuck Brown is a veteran salsa eater of 25 years. He remembers his dad always had some kind of hot sauce or salsa on the table. He swears he hasn't been sick in years because of his daily intake of salsa.

"Anytime I feel a sore throat or the slightest cold coming on, I just reach for the salsa," he said, laughing. "You can kick most minor stuff with it. If your stomach can't handle it, just inhaling the smell helps!"

Sometimes Brown buys grocery store salsa, sometimes he makes his own. His homemade is gazpacho, which is really salsa with cucumbers added. Johnny Brown's Restaurant (no relation) in downtown San Diego serves a revised version of Chuck Brown's gazpacho.

"They were asking around for a good salsa recipe, and I said here, try this!"

Brown gives Pancho Villa's in Spring Valley high marks for East County salsa fare, in Brown's opinion.

"They've got a salsa bar that has everything from enchilada sauce to every imaginable salsa and the hot, pickled carrots," he says. "They give you a big bowl for chips and a littler one for the salsa, and I always switch it around, use the big bowl for the salsa."

Then there's Macho's Taco Shop in the Sweetwater Springs Vons Shopping Center, at the corner of Avocado Blvd. and Calle Verde. Prices *muy bajos* (low) and a lavish salsa bar, chips included, has kept me coming back since I discovered it several weeks ago. Good seafood and they use canola oil, not lard.

With a bottle of Samuel Adams and a writing tablet within arm's reach, Cynthia O'Neill finds out why salsa could put pharmacies out of business.

Serrano's Super Salsa at the corner of Johnson Avenue and Arnele Street in El Cajon has five eye-opening salsas from which to choose and luscious marinated hot carrots. They have marvelous, gigantic burritos of shrimp, or the classic beans, cheese and guacamole.

El Cotixan, also in El Cajon at the corner of Washington Avenue and Marshall Street, has, at last count, six salsas, plus limes, grated onion and cilantro and hot carrots. They cater to the manly kind of appetite. The health-conscious will find the shrimp (with rice) burrito a best bet. Don't forget to try their shrimp cocktails, served in fish-bowl size containers.

Javier's Sombrero has unbeatable prices and a special burrito every day for $2.99 filled to overflowing. They have three very good salsas as well as hot, marinated carrots. With several locations around the county, the closest are at the Main Street exit off I-8 East and another at the corner of Graves and Bradley.

At any of these places, you may buy the salsa by the pint or quart. Just ask, and the force shall be with you.

It's midnight and you snap out of sleep because something has stabbed you in the throat. It pinches your nose, making you tremble fully awake.

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East County Theater Guide

Octad-One Productions
Lakeside Theater
10009 Maine Ave., Lakeside (466-3987)
"Night Must Fall" by Emlyn Williams
Fridays and Saturdays through May 11, 8 p.m.
Sundays, 2 p.m.
Tickets: $9 - 10

Lamplighters Community Theater
8053 University Avenue, La Mesa (464-4598)
"Blithe Spirit" by Noel Coward
Fridays and Saturdays through May 11, 8 p.m.
Sundays, 2 p.m.
Tickets: $8-10

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3# BACON

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25# FRYER CHICKENS
5# BBQ STEAK
5# FRANKS
10# SAUSAGE
4# BOLOGNA
3# SALAMI
5# BACON
10# BEEF RIBS
20# END CUT PORK CHOPS

A CHEVY TOUR OF THE TACO SHOPS

BY NINETTE SOSA

They don't sell 69-cent tacos or movie-toy tie-ins. Their names are decidedly Spanish, or seem to be someone's name that ends with "berto."

Oh, and "taco shop" is usually the designation. Many of them are open all night and always seem to have customers. Get to know the hole-in-the-wall taco shop. Most of them take pride in authentic and fresh Mexican food.

Start at the border — the border of East County, anyway. El Compadres, near the La Mesa-San Diego line at Yale and University, has the Helix High School crowd to guarantee them busy after-school hours (not always sales, but lots of people at the shop).

Compadres - which means "godfathers" or "close friends" - are just that: a couple of brothers and a friend originally from the Mexican state of Juanajuato. When one brother immigrated to the U.S., he got a job at a Roberto's Taco Shop. He went on to own a taco shop with his brother and friend.

Heading west on University there's Nacho's Taco Shop. The "Nacho" doesn't mean the tasty Mexican chip appetizer. Nacho is the owner's name.

"Our shop was called Los Cuates (Spanish for "twins") because my husband, Nacho, and his twin brother, opened the shop more than 20 years ago," said co-owner Carmen Osegueda. Unfortunately, a fire destroyed the business in 1995, and they just reopened eight months ago.

"This time, my son, Nacho, and my husband, Nacho, decided on the name Nacho's Taco Shop." she said. Carmen boasts of a great business, because she believes in giving good customer service to those people who walk through the door.

Another busy taco stop is on El Cajon Blvd. near the intersection of La Mesa Blvd. It's called Aliberto's, open 24 hours a day on a street that never shuts down.

There are eight Aliberto's restaurants around San Diego, said Jorge Rodriguez, who happened to have the evening shift. He said the Aliberto's are not a chain, but it's a long story.

Over the hill in El Cajon, about one mile from the I-8 exit on El Cajon Blvd., is El Cotixan No. 2. Cotixan No. 1 is on Second Street in El Cajon, and there's El Cotixan No. 3 on Washington Avenue.

It's a warm place, the entrance on the door actually reads "entrada." The place is decorated in red tile and red bricks.

"The owner named the restaurant after his pueblo, Cotijan — in the state of Michoacan," said Leonel Guiterrez, a cook at the shop. "Not to get Cotijan — the name of his pueblo — confused with the restaurant, he changed the 'j' to an 'x,' and it's pronounced Co-tix-an."

Locals rave about El Cotixan's *camarones del diablo*, a specialty served with rice, beans and salad. The shrimp comes with a tasty salsa picante.

Heading into Santee via Highway 67, a taco shop sneaks up on the Prospect exit. Turning left and left again, heading south onto Magnolia Avenue, you'll find Estrada's Mexican Food. It's been in business there, hidden in the strip mall at the corner of Prospect and Magnolia, for six years.

"Jose Luis Estrada, *mi papa, es el dueno* (the owner)," said Jose Luis, his son. Jose Luis said that this is taco shop number two for the family. The other shop, which they've owned for 11 years, is in La Mesa.

Take a guess ... on University and 70th Street in a strip mall.

"There are nine brothers, but only four work in the restaurant business," the son said. "We learned to cook while working in Chinese restaurants."

While Jose Luis wouldn't admit to using soy sauce in his salsa, he did boast that they can cook up an awesome Carne con Chile Verde. They're there for the tasting seven days a week from 8 a.m. to 9 p.m.

Once into Santee, on Mission Gorge Road near Cottonwood, the ranchero music can be heard while waiting for the light to change at the intersection. So, instead of waiting for the light to change, just make a turn into the parking lot at Los Panchos Taco Shop.

At least the Domino's Pizza delivery guy, Dave, raves about the food.

"It's the best place in town to eat," he said. "If anything, there's always the music to enjoy while waiting for the food to be served up."

Trekking into the west side of Santee, still on Mission Gorge Road before reaching Carlton Hills Blvd., there's the new, Los Cazadores (previously named Salazar's) taco shop. The new owner, who took over two months ago, has a shop on Carlton Hills Blvd., near the library, called Los Ranchito's Taco Shop.

True to it's name, all the interior is decorated with ranch style pictures ... in both locations.

Near Los Cazadores, only divided by a strip mall, is Alberto's. They're opened 24 hours, seven days a week, and cook up everything fresh. The guacamole is fresh and tasty, and the owner counts on repeat business for his successful taco shop business.

It's so successful, he's now considering opening another shop. His name is Mauro Ortiz and he's the owner of one of at least 20 Alberto's franchises.

This is not to be confused with the eight Aliberto's. That's another long story.

Ortiz prefers to speak Spanish and tells the story softly. He's from the Mexican state of San Luis Potosí and came to the U.S. at the urging of his compadres, Alvarado and Diego Rodriguez.

Alvarado and Diego originally worked for Don Roberto, from the Roberto's Taco Shop hall-of-fame. After a few years, the two decided to open up shop for themselves. They named it "Alberto's" - from "Al" in Alvarado and the "berto" in Roberto.

They became popular and started to sell off their franchises.

"*Y en eso, me llamaron a mi,* (that's when they called me)," said Ortiz, "*para venir a los Estados Unidos* (to come to the United States)."

But, when other employees decided to venture on their own, they wanted to avoid paying a franchise fee and added a letter or new prefix.

Thus, the recipe for the newly formed Filiberto's, Ramberto's, Adalberto's - Ortiz's cousin. The guys who founded Aliberto's used to work at Alberto's.

Then there's Ayberto's (one's in Lemon Grove). These were started by four brothers who, like Ortiz and the Alberto's gang, came to the U.S. from San Luis Potosí in central Mexico. Manuel Osorio came first in 1978, followed by Alfredo, Jaime and Rosario. They all worked for Don Roberto, and started their own shops with a small loan after being laid off from Roberto's.

I said it was a long story. It's after midnight and time for a taco...

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Cuyamaca to host Cinco de Mayo festival

A Latin beat, the wail of trumpets and the staccato of folk dancing will fill the Cuyamaca College campus from noon to 4 p.m., Monday in celebration of Cinco de Mayo.

"Cuyamaca College is looking forward to sharing the Cinco de Mayo celebration with our students, students from several local school districts and the community," said Cuyamaca College President Dr. Sherrill Amador. "The celebration provides an opportunity to learn about the richness of the Mexican culture and enjoy a fun-filled afternoon. All are welcome."

The day's festivities begin with a performance by Las Ninas Latinas de Zamorano at 12:30 p.m.

The Ballet Folklorico group is comprised of fifth and sixth graders from Zamorano Fine Arts Academy of San Diego.

Los Gordos will perform Latin music from 2:30 to 4 p.m. and Mariachi Mexicana will stroll the campus all day.

In addition to the musical entertainment, there will be a Mexican Arts and Crafts Fair and a Mexican Food Extravaganza.

The Cinco de Mayo event offers entertainment and more. William Alejandro Virchis, artistic director of Theatre Arts at Southwestern College and La Mesa Mayor Art Madrid will speak on the significance of Cinco de Mayo to Mexican history.

Madrid will speak briefly at 12:15. Virchis is scheduled for a short presentation at 1 p.m.

For more information on this free event, call Cuyamaca College at 660-4314.

The college is located off Fury Lane at 900 Rancho San Diego Parkway in El Cajon. Fury Lane is accessible from Avocado Blvd. to the west and Jamacha Rd. to the east.

Couple celebrates 60 years

Douglas and Eleanor Decker of Lemon Grove celebrate their 60th wedding anniversary today. The couple was married in West Pittson, Pennsylvania on May 1, 1937. They moved to San Diego in 1943, and have lived in Lemon Grove for the past 28 years. Mr. Decker is retired from Ryan Aeronautical, and as a former president of the San Diego Numismatic Society, continues his interest in coin collecting. Mrs. Decker has traveled the world extensively, and served for many years as a senior care facility volunteer. Their daughter Sandra Hayen lives nearby in La Mesa. They have 2 grandchildren and 2 great-grandchildren in Lemon Grove and Coos Bay, Ore.

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Worship Directory

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10:15 a.m.

Lemon Grove Assembly of God
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ST. JOHN OF THE CROSS CATHOLIC CHURCH
8086 BROADWAY
LEMON GROVE, CA 91945
PASTOR MSGR. RAYMOND C. KIRK
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John R. Embree, Pastor
Telephone: 465-7301
Worship: 9 a.m . Sunday School 10:30 a.m.

PUBLIC NOTICES

NOTICE OF VEHICLE LIEN SALE

The following vehicles will be lien sold at 10:00 a.m. on May 13, 1997. The sale will take place at 850 D Energy Way, Chula Vista, CA 91911

1. 626813
1CFZ047 CA
79 FORD VAN SV
S31AHEK7457
2. 629414
NONE
83 TOYT CELICA 2D
JT2MA67L8D0062973
3. 629468
3GKT334 CA
88 NISS SENTRA 2D
1N4PB22S4JC807534
4. 629542
029NRT4 MX
88 CHEV CAMARO 2D
1G1FP21F2KL124835
5. 629564
TOB933 CA
66 FORD MUSTANG 2D
6R07T192435
6. 629963
NONE
85 FORD PU PK
1FTBR10A8FUD51091
7. 629994
NONE
87 NISS SENTRA 2H
JN1PS26S4HW033253
8. 630517
JCDC96 IL
89 FORD AEROSTAR VAN
1FMCA11U4KZC21225
9. 630546
2SGM122 CA
90 FORD BRONCO UT
1FMCU14T9LUA93556
10. 630845
2EDF889 CA
87 PONT FIERO CP
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Lemon Grove Review
May 1, 1997

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SAN DIEGO
CENTRAL COURTHOUSE
220 W. BROADWAY
SAN DIEGO, CA 92101-3409

IN THE MATTER OF THE APPLICATION OF
SCOTT FEINSTEIN

FOR CHANGE OF NAME(S)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME (CCP 1277)
CASE NUMBER: 00709848

PETITIONER SCOTT FEINSTEIN

HAS FILED A PETITION FOR AN ORDER TO CHANGE NAMES FROM

SCOTT FEINSTEIN TO SCOTT ELLIOTT

IT IS ORDERED that all persons interested in this matter appear before this court in Department ONE of the San Diego County Superior Court at the address shown above on JUN 12 1997, at 9:00 A.M. and show cause, if any they have, why the application for change of name should not be granted.

It is FURTHER ORDERED that a copy of this Order To Show Cause be published in the LEMON GROVE REVIEW, a newspaper of general circulation published in this County, at least once a week for four successive weeks prior to the day of the hearing.

DATED: APR 18 1997

WAYNE L. PETERSON
Judge of the Superior Court

Lemon Grove Review
April 24, May 1, 8 & 15, 1997

NOTICE OF TRUSTEE SALE T.S. # 96-0007 LOAN# CDD(Kim)-X APN# 577-141-24-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED AS SHOWN BELOW. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the financial code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a deed of trust described below. The sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principle sum of the note(s) secured by the deed of trust, with interest and late charges thereon, as provided in the note(s), advances, if any, under the terms of the Deed of Trust, interest thereon, fees, charges, and expenses of the trustee for the total amount at the time of the initial publication of the notice of sale) reasonably estimated to be as set forth below. The amount may be greater on the day of sale. Trustor: Jeffrey A. Hotchkiss and Lisa M. Hotchkiss, husband and wife. Duly Appointed Trustee: Guild Administration Corp., a California Corporation. Trust Deed: Dated March 23, 1992 Recording Date: March 27, 1992 Instrument Number: 92-0176145 Book: Page: Recorded in County of San Diego, State of California. Date and Time of Sale: May 15, 1997 at 10:30 a.m. Place of Sale at the entrance to the City of Oceanside Nevada Street Annex, 321 Nevada St., Oceanside, CA 92054. Estimated sale amount: $ 122,074.24. Legal description of property: All that portion of lot 5 of Mook's South addition to Lemon Grove, in the county of San Diego, State of California, according to map thereof no. 1290, filed in the office of the county recorder of San Diego county, October 7, 1910, described as follows: Commencing at a point on the westerly line of said lot 5, distant thereon southerly 100.00 feet from the northwesterly corner thereof; thence continuing southerly along said westerly line 50.00 feet; thence easterly parallel with the northerly line of said lot 140.00 feet; thence northerly parallel with the westerly line of said lot 50.00 feet to the southeasterly corner of land conveyed to George M. Zelnio and wife by deed recorded in book 3861, page 85 of official records; thence westerly along the southerly line of said Zelnio's land 140.00 feet to the Point of Commencement. Excepting therefrom the westerly 25.00 feet thereof. Street address of property (or other common designation, if any): 1867 Skyline Dr., Lemon Grove, CA 91945. The undersigned trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown above, if no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the first publication of this notice of sale. Date: April 14, 1997. Guild Administration Corp. As said Trustee. 9160 Gramercy Drive San Diego, Ca 92123 (619) 492-5890 TAC# 440655b. PUB: 4-24, 5-1, -8

Notice of Trustee's Sale Loan No. 14099543 T.S. No. 97-58456CA FHA/VA No. You are in default under a Deed Of Trust dated January 26, 1993. Unless you take action to protect your property, it may be sold at a public sale. If you need an explanation of the nature of the proceeding against you, you should contact a lawyer. On May 15, 1997, at 10:00 A.M., Specialized Inc. as duly appointed trustee under and pursuant to Deed Of Trust recorded 1-29-93 as Inst. no. 1993-0058036 of official records in the office of the county recorder of San Diego County, State of California, executed by: Alex Macias and Maria Macias, husband and wife, as Trustor, will sell at public auction to highest bidder for cash (payable at time of sale in lawful money of the United States) at the front steps of the County Courthouse 220 West Broadway, San Diego, California all right, title and interest conveyed to and now held by it under said deed of trust in the property situated in said county and state described as: A.P.N. 576-541-18-00. The street address and other common designation if any, of the real property described above is purported to be: 1508 Glencoe Drive, Lemon Grove, California 91945. The undersigned trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said deed of trust with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed Of Trust, fees, charges and expenses of the trustee and of the trusts created by said Deed Of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of initial publication of the notice of sale is $115,998.09. The beneficiary under said Deed Of Trust heretofore executed and delivered to the undersigned a Written Declaration Of Default And Demand For Sale, and a written notice of default and election to sell. The undersigned caused said notice of Default And Election To Sell to be recorded in the county where the real property is located. This is an attempt to collect a debt, and any information obtained will be used for that purpose. date: 11 Apr 97 **Specialized, Inc., Trustee** 4180 Via Real #B Carpinteria, CA 93013 (805) 684-1424 by: J.O'Connor Trustee Sales Officer P92780 4/24 5/1 5/8/97

CITY OF LEMON GROVE
COMMUNITY DEVELOPMENT DEPARTMENT
NOTICE OF PUBLIC HEARING AND NOTICE OF FILING OF A NEGATIVE DECLARATION FOR A PROPOSED ZONING ORDINANCE AMENDMENT

NOTICE IS HEREBY GIVEN THAT the Planning commission of the City of Lemon Grove will hold a public hearing on Tuesday, May 27, 1997 at 7:30 p.m. in the Lemon Grove Community Center, 3146 School Lane, Lemon Grove.

SUBJECT: Hearing zoning Ordinance amendment ZA97-02 to consider an amendment of Sections 17.16.54D(6) (Enclosure) Neighborhood Commercial (NC) Zone, 17.16.060D(7) (Enclosure) Central commercial (CC) Zone, 17.16.070D(6) (Enclosure) General Commercial (GC) Zone, and 17.16.100D(5) (Enclosure) Light Industrial (LI) Zone and to section 17.08.030 (Definitions) of the Zoning Ordinance as they relate to requiring permitted and conditionally permitted activities to be confined within an enclosed structure.

LOCATION: Within commercial and industrial zones in the City of Lemon Grove.

At said hearing any interested person may appear and be heard.

A Draft Negative Declaration of Environmental Impact has been filed by the City of Lemon Grove for this project. The Initial Study which has been prepared for this project is available for public review in the Office of the Community Development Department, 3232 Main Street, Lemon Grove, California within twenty-one (21) days of the date of this Notice.

Questions regarding this hearing may be addressed to Robert W. Larkins at 3232 Main Street, Lemon Grove, CA 91945-1797 and at (619) 464-6934 on weekdays between the hours of 8:00 A.M. and 9:30 A.M. and 3:30 P.M. city Hall is closed every other Friday.

JAMES R. BUTLER
COMMUNITY DEVELOPMENT DIRECTOR
IN COMPLIANCE WITH THE AMERICANS WITH DISABILITIES ACT (ADA), THE CITY WILL PROVIDE SPECIAL ACCOMMODATIONS FOR PERSONS WHO REQUIRE ASSISTANCE TO ACCESS, ATTEND AND/OR PARTICIPATE IN MEETINGS OF THE PLANNING COMMISSION. IF YOU REQUIRE SUCH ASSISTANCE, PLEASE CONTACT THE COMMUNITY DEVELOPMENT DEPARTMENT AT (619) 464-6934 AT LEAST FIVE DAYS PRIOR TO THE SCHEDULED MEETING.

Lemon Grove Review
May 1, 1997

NOTICE OF TRUSTEE'S SALE T.S. # 00960744 Loan # GAD20-3784-E APN # 4992205724 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED AS SHOWN BELOW. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashiers check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under the pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note (s) secured by the Deed of Trust with interest and late charges thereon, as provided in the note(s), advances, if any, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be as set forth below. The amount may be greater on the day of the sale. Trustor: Carl O. Wickware, a single man. Duly Appointed Trustee: **Guild Administration Corp**, a California Corporation. Trust Deed: Date: September 10, 1993 Recording Date: September 22, 1993 Instrument Number: 93-0627570 Book: Page: Recorded in County: San Diego, State of California. Date and Time of Sale: May 22, 1997 at 10:00 A.M. Place of Sale: At the South entrance to the County Courthouse, 220 West Broadway, San Diego, CA. Estimated Sale Amount: $108,106.29. Legal Description of Property: PARCEL 1: An undivided 1/28th interest in and to Lot 1 of City of Lemon Grove Tract No. 8, in the City of Lemon Grove, County of San Diego, State of California, according to Map thereof No. 10018, filed in the Office of the County Recorder of San Diego County on February 26, 1981. Excepting therefrom Living Units 1 through 28, as shown on that certain Condominium Plan entitled: Heartland Townhomes, recorded June 3, 1981 as File No. 81-172566 of Official Records, and defined in the Declaration of Covenants, Conditions and Restrictions recorded June 3, 1981 as File No. 81-172567 of Official Records. Also excepting therefrom the exclusive right to use all decks as shown on said Condominium Plan. PARCEL 2: Unit No. 24, as shown on that certain Condominium Plan referred to in Parcel 1 above. PARCEL 3: The exclusive right to use the deck appurtenant to Parcel 2, as set forth on that certain Condominium Plan referred to in Parcel 1 above. Street Address of Property (or Other Common Designation, if any): 8365 Broadway #10, Lemon Grove, CA 91945. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. **Guild Administration Corporation**, as said Trustee, 9160 Gramercy Drive, San Diego, CA 92123, (619) 492-5890. Date: April 24, 1997. ASAP#259548 5/1, 5/8, 5/15

NOTICE OF TRUSTEE'S SALE NO. 169760FMA

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED APRIL 15, 1992. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On May 23, 1997, at 10:00 A.M. At the south entrance to the County Courthouse, 220 West Broadway, San Diego, CA. In the city of San Diego, County of San Diego, State of California, California Reconveyance Company, a California Corporation, as duly appointed Trustee under that certain Deed of Trust executed by James Aaron Heacox and Kimberli Ann Heacox, husband and wife as joint tenants, as trustors, recorded on April 17, 1992, as Instrument No. 1992-0226180, of Official Records of San Diego County, State of California, under the power of sale therein contained, will sell at public auction to the highest bidder for cash, or check as described below, payable at the time of sale in lawful money of the United States of America, without warranty express or implied as to title, use, possession or encumbrances, all right, title and interest now held by it as such Trustee in and to the following described property situated in the aforesaid County and State, to wit: APN # 576-110-28-00. As more fully described in said Deed of Trust. The total amount of the unpaid principal balance, interest thereon, together with reasonably estimated costs, expenses and advances at the time of the initial publication of this Notice are $131,465.41. Currently dated Cashiers Checks or Certified Checks payable to the Trustee or bidder are acceptable to Trustee provided proper identification is available. From information which the Trustee deems reliable, but for which Trustee makes no representation or warranty, the street address(es) or other common designation of the above described property is: 1958 Dartmoor Dr., Lemon Grove, CA 91945. Said property is being sold for the purpose of paying the obligations secured by said Deed of Trust including fees and expenses of the Trustee and of Sale. Dated April 24, 1997. California Reconveyance Company, as said Trustee. By: Deborah Brignac - Vice President. Address of Trustee: 9451 Corbin Ave., Northridge, California 91324. Telephone Number: (916) 387-7728. Pub: 05/01/97, 05/08/97, 05/15/97 CNS1476353

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 97-50046 Title Order No. 8902091 Reference No. 975401 APN No. 576-060-15-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 04/08/94. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On May 22, 1997, at 10:00 AM, **Professional Foreclosure Corporation** as the duly appointed Trustee under and pursuant to Deed of Trust, recorded on 04/25/94 as Document No. 1994-0272160 Book -- Page -- of Official Records in the Office of the Recorder of SAN DIEGO County, California, executed by: JOSEPH E. HUTMACHER, AN UNMARRIED MAN, as Trustor, FLEET MORTGAGE CORP., as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). At: AT THE SOUTH ENTRANCE TO THE COUNTY COURTHOUSE AT 220 WEST, BROADWAY, SAN DIEGO, CA., all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: Lot 15 of Bella Vista Estates, in the City of Lemon Grove, County of San Diego, State of California, According to the Map Thereof No. 6968, Filed in the Office of the County Recorder of Said San Diego County, June 22, 1971. The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 2139 BERRY STREET, LEMON GROVE, CA 91945. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: $96,774.79 Estimated. Accrued interest and additional advances, if any, will increase this figure prior to sale. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. **Professional Foreclosure Corporation** as Trustee, 5 Hutton Centre Drive, Suite 1050, Santa Ana, CA 92707, Telephone Number: (714) 432-9000, By: JULIE MCCOMBS, TRUSTEE SALE OFFICER, Date: 04/30/97 NPP0027798 PUB: 05/01/97, 05/08/97, 05/15/97

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BONNIE'S GROOMING 1215 North 2nd, El Cajon. 588-6123. $5 off. Not valid Sat. Open Tue - Sat. expires 5/31. 5/1

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14K MENS GOLD WATCH $600, 14K gold mens black onyx ring $350, 14K gold mens diamond ring $450, 18K gold diamond band $300, 14K Mens gold necklace $500. Lalique anemone candle holder worth $650 sell for $225. ALL VERY NICE. Antonio, **299-3431**. 4/24

SEIZED CARS from $175. Porsches, Cadillacs, Chevys, BMW's, Corvettes. Also Jeeps, 4WD's. Your Area. Toll Free 1-800-218-9000 Ext. A-9360 5/22

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BBB invites 'integrity award' entries

The Better Business Bureau (BBB) is inviting all East County businesses to enter its competition to win a 1997 BBB East County Business Integrity Award.

To enter, a short nomination form needs to be completed. The form contains questions on how the firm demonstrates high ethical business practices in their industry, both in operations and in terms of being positive, ethical, honest, reliable and responsive to both vendors and customers, according to Gerry Wilson, local BBB president.

There is no cost to enter. Entry forms are available by phoning the BBB at 637-6199. Deadline for entries is May 16.

Consumers or businesses from anywhere throughout San Diego County can nominate a business with offices in the East County for one of the prestigious awards. Local businesses can also nominate themselves.

Entries will be judged in categories according to numbers of employees (1-4 employees, 5-10 employees, 11-20 employees and 21 or more employees). Four Integrity Awards are expected to be presented.

Winners will receive their Business Integrity Award at an after-work networking reception to be held from 5 to 7 p.m., June 12, at the Brigantine Restaurant, 9350 Fuerte Dr., La Mesa.

Last year, about 25 East County businesses submitted entries. Winners included: Judith Seid financial consulting; Jackson Stone & Patio; Ideal Plumbing & Heating; and Drew Ford.

The BBB's Integrity Awards program, sponsored by San Diego Gas & Electric, is part of a county-wide effort to honor ethical businesses and celebrate the bureau's 75th year anniversary. The local bureau office was opened in 1921.

Within the last six months, the BBB presented Integrity Awards to businesses from the North County and Central San Diego.

North County winners included a property management firm, a temporary employment service and a high-tech manufacturer.

Central San Diego winners included a roofing company, a private career college, a non-profit charity and an insurance brokerage.

Winners often utilize their award to boost marketing efforts and enhance credibility with customers, Wilson said.

The BBB, a non-profit organization supported by more than 2,500 local member businesses, promotes fair and ethical business standards that protect the marketplace to the benefit of the consumer and business-person. The bureau provides the largest free service of its kind to San Diego consumers. To obtain free information on more than 30,000 local companies along with a list of BBB member companies in a particular type of industry, phone the bureau's free 24-hour Consumer Helpline at 496-2131.

'AIDS in the '90's panel set

The Catholic HIV/AIDS Ministry of East County and the AIDS Chaplaincy Program will sponsor a presentation, "AIDS in the '90's" from 9 a.m. - 1 p.m. on Sunday in classrooms 1 and 2 at Holy Trinity Catholic Church, 405 Ballard St. in El Cajon.

Topics and speakers will include "Compassion" by Kaki Johnson, Director of AIDS Chaplaincy Program; "Pastoral Issues" by Fr. Michael Ratajczak, Pastor of Santa Sophia Catholic Church and AIDS 101 and Sociology of AIDS by Dr. Mark Morgenstern, Edgemoor Geriatric Hospital.

For more information call LaVerne Neuman at 462-6293.

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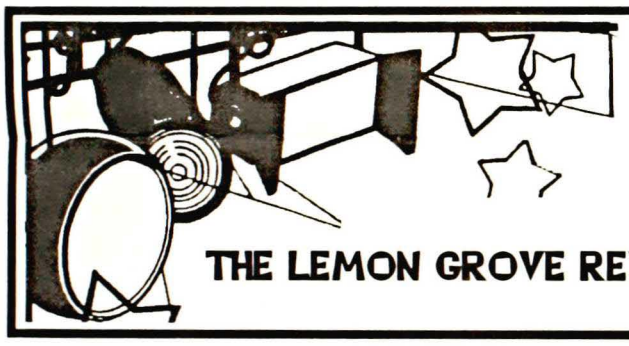

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